



## Brussels

The Belgian capital is famous for waffles and moules-frites. But the best thing about Brussels is that it matches Paris's gastro heights, without the hauteur. Viva Ma'Bomba ([vivamboma.be](http://vivamboma.be); mains about £19) teams a twinkly atmosphere with trad meatballs and *stoemp* (mash), and the fish soup at Eurocrat-fave Le Vismet beats any bouillabaisse ([levismet.be](http://levismet.be); mains about £22). The frothy stuff? Drink monk-brewed beers at A La Mort Subite (pictured; [alamortsubite.com](http://alamortsubite.com)).

After, walk it all off on the Grand-Place cobbles, then pick up a box of Neuhaus pralines ([neuhauschocolates.com](http://neuhauschocolates.com)).  
**Get me there:** Eurostar has London-Brussels returns from £58. The Radisson Blu hotel has the city's best breakfast buffet ([radissonblu.com](http://radissonblu.com); doubles from £165, B&B).



## Barcelona

Barcelona's food is designed to be shared, making meals a mishmash of flavours and textures. Squeeze in at La Cova Fumada (Carrer del Baluard 56; tapas about £4) en route to the beach, for an aioli-fuelled feast of seafoody tapas, or grab one of Chök's devilishly good cronuts (pictured; [chokbarcelona.com](http://chokbarcelona.com); from £2) to devour while strolling to Gaudí's Modernist mansion, the Güell Palace. Round things off at Bar del Pla ([bardelpla.cat](http://bardelpla.cat); tapas about £6) — the squid-ink *croquetas* are wonderful. Wanderbeak does food tours with flair ([wanderbeak.com](http://wanderbeak.com); from £71pp).

**Get me there:** Vueling flies from Gatwick, Edinburgh, Manchester and Birmingham, from £52 return. Stay at Casa Bonay ([casabonay.com](http://casabonay.com); doubles from £99, room-only), with its four on-site restaurants.

If you eat one thing in...

### HONG KONG

Order a bowl of steaming wonton noodles, a local stalwart consisting of springy egg noodles submerged in broth, and buoyed with shrimps wrapped in shiny dumpling cases. Try them at Mak's (77 Wellington St; £4), which has been serving up porcelain bowlfuls for nearly 100 years.

