

Brantôme-en-Périgord

# Gastronomic tours



Arcachon Bay, France.  
Left: Make cognac at the Camus distillery



Stirred cookery class, Puglia

August, travelling between Paris and Epernay.

Highlights of the trips include an exclusive tasting at 'the cradle of Champagne', the hilltop village of Hautvillers where the monk Dom Pérignon discovered the process that produces Champagnes and sparkling wines and, of course, tastings in several vineyards.

Prices for a six-night cruise through the Champagne region start from £4,050 per person which includes all fine wines, gourmet meals, an

open bar, daily escorted excursions and transfers to and from the hotel barge. ♦ 01753-598555, [www.europeanwaterways.com](http://www.europeanwaterways.com)

## Northern Provence

On Foot Holidays offers a four-, five- or six-night walking holiday in the Côtes du Rhone and the foothills of Mont Ventoux. This trip is designed to take in the best of the area and the food on offer there: so you can walk in the Dentelles, in the foothills of Provence's highest peak,

Mont Ventoux, and enjoy regional food and wine in the hotels you'll stay in, as well as local places your guide will be able to recommend.

From £770, on a date of your choice.

♦ 01722-322652, [www.onfootholidays.co.uk](http://www.onfootholidays.co.uk)

## Chateaux, Rivers and Wine

If you like to plan ahead, this trip from Viking may be of interest. An eight-day river cruise gives you the chance to explore the ports, vineyards,

farms and forests of Aquitaine, see Bordeaux's fountains and cellars, hunt for truffles in Périgord, create your own blend of Cognac at the Camus distillery and savour France's finest oysters fresh from the bay at Arcachon. Sip Saint-Émilion, Médoc and Sauternes.

Departing March to November 2019. Prices start from £2,795 per person. ♦ 0800-319 6660, [www.vikingcruises.co.uk](http://www.vikingcruises.co.uk)

Taste oysters in France





Clockwise, from above: Rozenhoedkaal in Bruges; Belgian beer in a traditional glass in Bruges; Tapas in Spain; A Cornish pasty; Port Isaac, Cornwall



## Stirred Goes to Puglia

Stirred offer luxury cooking holidays in Italy and this year they have added a new venue to their school in Puglia. Guests at either of the schools can enjoy classes from chefs at establishments such as Le Gavroche and Leith's. Their six-night breaks include accommodation, tuition, food, wine, trips, tours and tastings, lunch in Venice, dinner at a local restaurant, and transfers to and from Venice Airport. Classes from May to September, £2,750pp, not including flights. ♦ 01347-868659, [www.stirredtravel.com](http://www.stirredtravel.com)



experience some authentic cuisine, Wanderbeak Food Tours run various Food & Tapas Tours in the area. Experiences vary from letting you combine the best of Michelin gastronomy and modernist architecture in the city, to tapas and wine tours. They also run VIP and private tours, which can be organised on request. ♦ +34 610-945225, [www.wanderbeak.com](http://www.wanderbeak.com)

## The Food and Wine of Barcelona

If you are holidaying in Barcelona and want to

## Food Tour, Cornwall

Cornish Cycle Tours offers a seven-day itinerary, exploring the south coast of Cornwall where you can taste your way around the area's foodie offerings, from Michelin-starred restaurants and fantastic seafood to pasties and cream teas. Tours are created around preferred start dates and party size. Price £775pp, bike hire £90, electric bike hire £240. ♦ 01673-889156, [www.cornishcycletours.co.uk](http://www.cornishcycletours.co.uk)

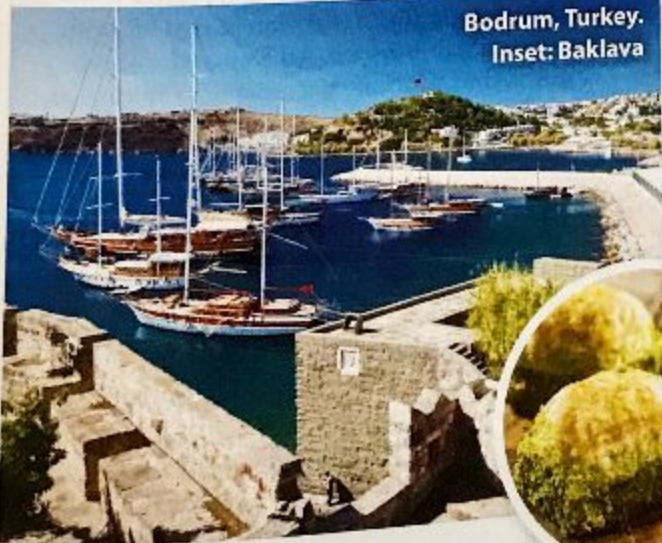
and a chocolate tasting. 5-8 December, £1,195pp. ♦ 01730-263111, [www.arblasterandclarke.com](http://www.arblasterandclarke.com)

## Turkish Culinary Retreat

Running through the year from Saturday to Friday, this culinary retreat in Bodrum will leave you with all the skills to cook Turkish dishes with ease. The seven-day trip includes a cruise around bays to enjoy food cooked by the yacht's captain, visits to local vineyards and food markets, group cooking, where you can try traditional dishes such as Turkish rice pilaf, dolma and baklava, and plenty more activities. All you would want from both a holiday in Turkey and a foodie trip.

Price per person is 1,860 Euro, which includes six nights' accommodation, all cooking classes and meals, a one-day cruise on a private yacht and airport transfers. ♦ +90 532-248 2479, [www.cookingclassesbodrum.com](http://www.cookingclassesbodrum.com)

Bodrum, Turkey. Inset: Baklava



## The Story of Bruges and its Beers

With a focus on the liquid side of cuisine, this tour of Bruges gives you the chance to explore the area's exceptional beer houses. The four-day tour, in what is reputed to be one of the most complete medieval cities in Europe, includes beer tastings, food pairing lunches,